

Multi-session planning template for dark lip neutralisation cases.  
Client Name \_\_\_\_\_

Date \_\_\_\_\_

**INITIAL ASSESSMENT**

Hyperpigmentation pattern

Uniform    Peripheral (dark borders)    Central    Patchy

Hyperpigmentation severity

Mild    Moderate    Severe

Dominant undertone to correct

Purple-brown    Blue-grey    Deep brown-black

Fitzpatrick type \_\_\_\_\_

Corrector colour selected \_\_\_\_\_

Target final colour \_\_\_\_\_

**SESSION PLAN**

#	DATE	PRODUCT USED	ZONES TREATED	SATURATION TARGET	RESULT NOTES
1					
2					
3					
4					
5					

**SESSION CHECKPOINTS**

- Session 1-2: Corrector phase only — no target colour introduction
- Assess after each session: Is the undertone neutralising as expected?
- Introduce target colour ONLY when the corrected base is warm-neutral
- Build colour saturation gradually — 20-40% per colour session
- Minimum 6-8 week spacing between sessions for full healing assessment

**FINAL OUTCOME**

Final colour assessment, total sessions completed, client satisfaction notes